



Office for Inclusion &  
Intercultural Initiatives  
MICHIGAN STATE UNIVERSITY

**DIFFERENT  
TOGETHER.**

# 4 forms of oppression

**Individual Oppression** Conscious or unconscious beliefs.

**Interpersonal Oppression** Unequal treatment of people in different identity groups.

**Systemic Oppression** Privilege some and oppress others. Results in inequity.

**Cultural Oppression** Sense of inferiority or superiority based on perceived cultural group.